ONLINE

PARTICIPANT INFORMATION SHEET (PIS)

Survey Title: Physicians' Perceptions of the Impact of an Extended-Dose Pack versus Regular Pack on Adherence to Inhaled Maintenance Medication in Asthma and COPD: A Cross-Sectional Survey

Asthma and chronic obstructive pulmonary disease (COPD) are chronic respiratory diseases that often require long-term treatment with inhaled maintenance medications. The effectiveness of treatment depends not only on the use of appropriate medication and correct inhaler technique but also on consistent adherence to the prescribed treatment. For patient convenience, pharmaceutical companies in India also offer inhaled medications in extended-dosepack, such as dry powder inhaler (DPI) capsule packs containing a greater number of capsules and pressurized metered-dose inhalers (pMDIs) containing a greater number of inhaler puffs, while keeping the cost per unit the same.

Routine clinical practice has not adequately studied the perceived impact of the Extended-Dose Pack on adherence to inhaled maintenance therapy.
Therefore, we are conducting this survey to evaluate physicians' perceptions regarding patient adherence to inhaled maintenance therapy, reasons for non-adherence, the potential benefits of the Extended-Dose Pack, and patient characteristics that may influence the choice of an Extended-Dose Pack compared with a Regular Pack.

CREST would like to invite you to participate in this survey, which will be conducted among approximately 500 chest physicians and consultant physicians across India who have been prescribing both the Extended-Dose Pack and the Regular Pack for at least six months. You have been selected through purposive sampling from a predefined list of eligible physicians.

About CREST

Chest Research and Training Pvt. Ltd. (CREST), Pune is an academic research and training organization founded by Dr. Sundeep Salvi. Dedicated to research, education and innovation in respiratory medicine. CREST focuses on generating high-quality evidence to improve respiratory healthcare in India, particularly in obstructive airways diseases. Equipped with state-of-the-art lung function testing facilities and a multidisciplinary team of clinicians, scientists, and allied professionals, CREST has extensive experience in epidemiological studies, clinical research and real-world generation.

What will you be expected to do?

If you agree to participate, you will be asked to complete a simple, self-administered, web-based questionnaire.

The questionnaire will collect the following information:

- Your professional qualifications and clinical practice
- Your experience with prescribing the Extended-Dose Pack and Regular Pack
- Your perceptions of patient adherence with the two pack types
- Reasons for perceived non-adherence
- Potential benefits and suitable patient profile for the Extended-Dose Pack vs Regular Pack

Duration

The questionnaire is expected to require approximately 10-15 minutes to complete.

Confidentiality

Your responses will be confidential, and your identity will not be disclosed to anyone.

Your participation is entirely voluntary, and you can withdraw from the survey anytime.

However, we would really appreciate your participation and professional insights, as your experience may contribute to a better understanding of medication adherence in routine clinical practice.

Approval

This survey is approved by the Central Independent Ethics Committee - CIEC, Pune for approval for all states in India.

Funding and Compensation

This survey is supported by Cipla Ltd.

You will receive a professional honorarium of ₹15,000 as compensation for your time and participation, upon receipt of completed questionnaire and provision of your professional opinions and experience regarding prescribing practices.

As part of your participation, you will be required to sign a Memorandum of Understanding (MOU) with CREST outlining the terms and conditions of your participation in the survey.

Contact Details:

Feel free to contact for any query/clarification.

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INFORMED CONSENT FORM (ICF)

I have read and understood the information provided above regarding this survey. I have had the opportunity to ask questions and have received satisfactory answers to questions.

- ☐ I understand that my participation in the survey is voluntary, and I am free to withdraw my consent at any time, without giving any reason, without my legal rights being affected.
- ☐ I understand that I need to sign a Memorandum of Understanding (MOU) with CREST to participate in this survey.
- ☐ I confirm that I have been prescribing both the Extended-Dose Pack and Regular Pack for at least 6 months and have experience with their use in routine clinical practice.
- ☐ I understand that the information I provide will be treated confidentially and used for research purposes.
- ☐ I understand that my participation involves completing a web-based survey questionnaire.
- ☐ I understand that the survey does not involve any intervention or patient-level data collection.
- ☐ I understand that My responses may be analyzed and reported in an aggregated form for research /scientific purposes.
- ☐ I understand that I will receive a professional honorarium of ₹15,000 upon completion of the survey questionnaire, as described above.
- ☐ I agree and consent to participate in the survey.

Participant Name: _____

Date: _____

Electronic Signature: _____

SUBMIT YOUR CONSENT AND PROCEED